



Rocky Mountain - ACSM 2024 Annual Meeting Conference Agenda

April 12th – April 13th, 2024 – Colorado Springs, Colorado

Hybl Sports Medicine and Performance Center - 4925 N Nevada Ave, Colorado Springs, CO 80918

Friday, April 12 th	
4:00 - 5:00pm	Welcome & Networking Hour
5:00 – 5:15pm	Current President Opening Remarks <i>William Adams, PhD, ATC, FACSM, United States Olympic & Paralympic Committee</i>
5:15 - 6:45pm	Student Poster Sessions – Hors D'oeuvres
7:00pm	Dinner – Dinner Provided
7:15 – 8:15pm	Past President's Lecture – What do I want to be when I grow up? Navigating career paths in the field of exercise science <i>Panelists:</i> <i>Maureen Walsh, PhD, Assistant Professor, Slippery Rock University (Incoming)</i> <i>Jessica Harrison, BS, Director of Fitness Programming, iFit</i> <i>Carwyn Sharp, PhD, Teaching Assistant Professor, University of Denver</i>

Saturday, April 13 th	
8:00am	Registration Opens
8:30am	Coffee and snacks
9:00 – 9:50am	Lecture: The Athlete with Shortness of Breath During Exercise <i>Speaker:</i> <i>Tod Olin, MD</i> <i>Director, National Jewish Health Exercise and Performance Breathing Center</i> <i>Professor, Department of Pediatrics, Division of Pediatric Pulmonology</i> <i>Professor, Department of Medicine, Division of Pulmonary, Critical Care, and Sleep Medicine</i> <i>National Jewish Health</i>
10:00 – 10:50am	Past RMACSM Student Grant Award Winner Lecture <i>Stephanie Cotter, BS, "Fasted Versus Fed? The Impact of Glycogen Depletion on the Training-Induced Stress Response in Female Collegiate Distance Runners at Moderate Altitudes"</i> <i>Cole Nelson, BS, "Long-term Exercise Protects Against Circadian Disruption and Facilitates Re-entrainment in Male, but not Female Mice"</i> <i>Emma Gomes, PhD(c), "The Time Course of the Therapeutic Influence of a Single Exercise Bout on Cancer Related Fatigue"</i>
11:00 – 11:15am	Break – Snacks available

11:15 – 12:15pm	<p>Lecture: Cardiac Care of the Athlete from Prevention to Emergency Response</p> <p><i>Speaker:</i> <i>Jennifer Carrol, PA-C, ATC, MA, MMS,</i> <i>Senior Healthcare Services Provider, Department of Sports Medicine</i> <i>United States Olympic & Paralympic Committee</i></p>
12:15 – 1:00pm	Lunch—Lunch Provided
1:00 – 1:50	<p>Lecture: Performance and Health Considerations ahead of the 2024 Paris Olympic and Paralympic Games</p> <p><i>Speakers:</i> <i>Nathan B. Morris, PhD</i> <i>Assistant Professor, Department of Human Physiology and Nutrition</i> <i>University of Colorado – Colorado Springs</i></p> <p><i>William M. Adams, PhD, ATC, FACSM</i> <i>Associate Director, Sports Medicine Research, Department of Sports Medicine</i> <i>Director, US Coalition for the Prevention of Illness and Injury in Sport</i> <i>United States Olympic & Paralympic Committee</i></p>
2:00 – 3:30pm	Undergraduate Student Bowl (last year's winner – Metropolitan State University of Denver)
3:30 – 4:00pm	<p>RMACSM Business Meeting</p> <p>Current Conference Award Winners – Posters & Grants</p>
Have a safe trip home. We'll see you next year!	